

How can a youth worker improve his or her ability to involve youth with ASD in activities?

Know the ABC of Autism Spectrum Disorder, the **different types of functioning**, the concept of autonomy and environmental enrichment, the different communication systems and inclusive support tools available.



Give the opportunity to practice with guidance and **support**, which is mainly given to start with and **gradually reduced** to encourage **autonomy**.



Develop and nurture effective **teamworking** skills, including **empathy**, active listening, building and maintaining positive relationships, adaptability and curiosity.

Consider the **unique qualities**, traits, and challenges of each person as it is essential information for the organisation to create **tailored activities**.



This information was gathered from desk and field research carried out within the YouthASD project

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